

Governance Coach case study

Presentation skills

“Invaluable preparation for a big presentation.”

Dr Rashmi Singh is a GP at Clifford Road Practice and has been a leader in the local area for nearly a year. There had been a great number of innovations across the patch and others wanted to find out their secret. When invited by the Chair of Central London Clinical Commissioning Group, Dr Neville Pursell, to give a presentation to a group of NHS leaders from across North West London, Dr Singh was reticent.

“I’d not given presentations to a large group before and I really wasn’t keen. My colleagues encouraged me as they said there was a good story to tell. Ben was coaching me at the time and spoke about a colleague of his who is a voice coach and an Associate at Governance Coach UK. A session was arranged for me and some others to learn how to present. There were six of us in the group.

Kathy Brooke is a voice and performance coach who works with voice users from every walk of life including West End Performers, Lawyers, c-suite executives and anyone looking to perfect public speaking, pitching, confidence and vocalisation techniques. Kathy is an Associate at Governance Coach UK.

“The session was exceptionally well organised and Kathy led us through the key elements of public speaking including breathing, pacing, using the stage, and structuring the message. My favourite part was learning the ‘power-stance’! It felt odd at first but it really works! I now use this regularly if I need a little confidence boost before going into a challenging situation.”

“The speech to the room of 60+ NHS leaders went far better than I could have expected. I remembered everything Kathy taught me. I felt really positive during the talk and afterwards lots of people congratulated me on an excellent speech. Nowadays I am less anxious about public speaking and have presented to the same leaders a second time.”

“I’m really grateful to the team at Governance Coach UK for their kind approach and their obvious expertise. I’ve learned valuable skills that have really boosted my confidence and my ability to communicate effectively to large groups. Thank you.”

Governance Coach case study

About us

Governance Coach UK brings a coaching and governance focussed approach to individual and organisational development. We provide bespoke coaching, facilitation, training, and consultancy support to help individuals and teams tap into their natural resourcefulness and become more successful.



Ben Westmancott
Director, Coach,
and Governance
Professional



Oliver Westmancott
Data privacy and data
governance expert



Kathy Brooke
Voice and
Performance Coach



Paresh Dayal
Advisor



Dan Barnfield
Coach, Trainer,
Facilitator, and
Outdoor Practitioner



Matt Dechaine
Executive Coach,
and Facilitator



Frankie Lynch
Leadership Coach

Contact ben@govcoach.co.uk +44 (0)7952 558730